



Youth Parliament for Human Rights (YPHR) an Initiative of the International Human Rights Observer (IHRO)

The **Youth Parliament for Human Rights (YPHR)** is a dynamic, inclusive, and forward-looking initiative launched by the **International Human Rights Observer (IHRO)** to empower young people across Pakistan to become champions of justice, equality, and human dignity. Rooted in the belief that youth are not only future leaders but also present-day change-makers, YPHR provides a structured, participatory platform where young individuals can actively engage in the promotion and protection of human rights at the local, national, and international levels.

YPHR is committed to cultivating a generation of informed, ethical, and socially responsible youth leaders through **advocacy, education, capacity-building, and civic engagement**. The initiative is designed to foster a deeper understanding of fundamental rights and freedoms while equipping young people with the skills, knowledge, and networks necessary to address the human rights challenges of today's world.

Key Pillars of YPHR Programming Include:

- **Human Rights Advocacy and Campaigning:**
YPHR organizes sustained advocacy campaigns across schools, colleges, and universities, engaging students, educators, civil society actors, and community leaders. These campaigns are designed to make human rights concepts accessible and actionable, with a focus on building inclusive, rights-based narratives within educational and community spaces.
- **Leadership Development and Training:**
Through a series of leadership academies, mentorship programs, and capacity-building workshops, YPHR nurtures the personal and professional growth of young leaders. Participants are trained in public speaking, policy analysis, human rights law, grassroots mobilization, and nonviolent communication.
- **Awareness and Thematic Seminars:**
Regular seminars and expert-led dialogues are held on pressing human rights issues such as:
 - **Gender equity and women's rights**
 - **Climate and environmental justice**
 - **Refugee and minority rights**
 - **Digital safety and online freedoms**
 - **Mental health and youth wellbeing**
 - **Democratic participation and civic responsibility**

- **Public Engagement and National Campaigns:**
YPHR leads on-ground and digital campaigns aligned with international human rights observances, including the Universal Declaration of Human Rights, World Refugee Day, International Women’s Day, and the UN Sustainable Development Goals (SDGs). These efforts aim to galvanize public support and inspire collective civic action across diverse communities.
- **Collaborative Partnerships:**
In collaboration with **academic institutions, governmental bodies, civil society organizations, development agencies, and media partners**, YPHR facilitates dialogue and partnership to advance youth-led human rights innovation. These partnerships support joint research, co-hosted events, and cross-sectoral initiatives that enhance the visibility and impact of youth voices.
- **Youth Representation and Policy Engagement:**
YPHR supports young people’s meaningful participation in decision-making processes by creating opportunities for youth representatives to engage in policy dialogues, attend national consultations, and contribute to legislative discourse on human rights and social justice.

Vision:

To nurture a generation of empowered youth who are active custodians of human rights, equity, and democratic values in their communities and across the globe.

Mission:

To provide youth with the tools, platforms, and opportunities to lead, advocate, and act for a world where the rights and dignity of every person are respected, protected, and fulfilled.

The **Youth Parliament for Human Rights** is not merely a program — it is a **national movement** grounded in purpose, driven by passion, and committed to building a just, inclusive, and peaceful society. By amplifying youth voices and fostering an ecosystem of leadership and accountability, YPHR seeks to transform today’s young people into tomorrow’s human rights defenders.

To download Membership form click here:

<http://ihro.org.pk/wp-content/uploads/2025/04/IHRO-youth-Parliament-Membership-Form-2025-1-1.pdf>